

Equipment (1)

Hockey Balls

Hockey Sticks

Bibs or Kit

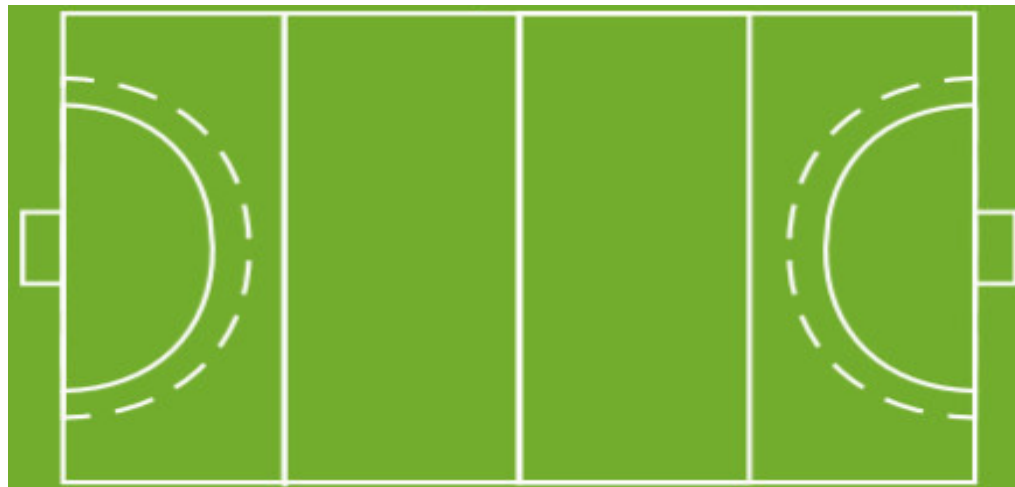
Court (Correct Markings)

Hockey Goals

Gumshield

Shin Pads

Whistle



Key Terms (2)

Attacking
 Defending
 Shooting
 Bully
 Dangerous Play
 Dribble
 Flick
 Obstruction
 Flick
 Push Pass
 Hit
 Sweep

Key Rules (3)

- Each team consist of 11 players. It's split up into 1 goalkeeper and 10 outfield players.
- Goals can only be scored within the 16 yard line. A goal scored outside the 16 yard line will not be awarded and the ball turned over.
- Only the flat side of the stick can be used and a foul will be called for any player using the back.
- The ball must be passed or dribbled using the stick and no other body part is allowed to intentionally come into contact with the ball.
- A foul or infringement is called when a player:
 - Purposely tries to hit the ball off another player with the intent of causing harm to that player.
 - Intentionally uses a body part to assist in moving or stopping the ball.
 - Hits the ball with the rounded side of their hockey stick.
 - Raise their stick above waist height.
 - Hit their stick off their opponents to interfere with play.

KS3 Hockey Assessment Card: Grading Criteria

	Skill 1: Passing	Skill 2: Receiving	Skill 3: Dribbling	Skill 4: Tackling	Skill 5: Shooting	Game Situation
Olympian (Skillful)	All types of pass are performed with exceptional results. Good timing and pace are always evident. Able to pass on move using inside of stick on right and left sides of the body.	Shows high levels of control when the ball is received both when stationary and on the move. Ball can be received on either side of the body with confidence and control.	Shows high level of balance and control when dribbling at pace. Can maintain control of ball on either side of the body with confidence. Able to trick opponent by using Indian dribble and quick stick movements.	All types of tackles are performed with exceptional results. Tackles are performed with excellent timing and are effective within competitive situations, with very high success rates.	All types of shots are performed with exceptional results. Good timing and pace are always evident. Able to shot on move and from stationary using a variety of techniques.	Exerts significant control over game. Outstanding level of skill, tactical awareness & anticipation. Few errors even when under competitive pressure. Leads team both physically and verbally.
Gold (Able)	Consistently passes the ball accurately whilst on the move. Able to use a wide variety of passes appropriately.	Ball is always receive with good control when stationary and on the move. Body position is generally moved to allow dominate side to receive ball.	Able to beat opponent on either side at pace. Can use Indian dribble but prefers to keep ball on stronger side when under pressure. Can use a feint or dummy to beat defender.	Consistently performs the correct technique when tackling in a range of situations. High level of success when tackling in a competitive situation. Ball is won on above 80% of one on one tackles.	Consistently produces accurate shots within competitive situations. Able to use a wide variety of shot techniques appropriately. Success rate of shot is high.	Exerts a strong influence on the game in attack & defence. Makes few unforced errors and assists team mates physically and verbally. High level of skill and tactical awareness.
Silver (Developing)	Able to pass ball accurately whilst on the move. Demonstrates correct timing and timing passing the ball over various distances.	Body and feet are moved into position is moved into correct position before stick. Ball is received under good control, but always on stronger side.	Can run at and beat opponent on chosen side with close control of the ball and with good success. Able to change direction easily, tends to keep ball on dominant side only, but attempts to transfer ball to weaker side.	Able to use correct technique when performing a one on one tackle with more consistency and success. Tackle is approached with confidence and good stance.	Able to shoot accurately whilst stationary and on the move. Demonstrates correct technique over various distances and with varying technique, lofted and along the floor.	Shows some ability to influence game. Understands the differing roles of attack & defence and can perform either. Can play in a variety of positions effectively.
Bronze (Emerging)	Passes accurately with correct part of stick. Pass is often not weighted correctly.	Receive shows some level of control but ball occasionally rebounds from stick. Attempts made to move body into correct position before stick.	Shows more control, ball kept within easy reach but sometimes loses control. Eyes are on the ball, but attempts made to look ahead.	Attempts to use correct technique to perform a one on one tackle occasionally with limited success. Lacks confidence.	Attempts to perform shot with accuracy are made, using the correct correct part of stick. Shot is often not weighted correctly with incorrect body position.	Starts to become more effective. Plays a small role within the team performance, demonstrating some simple skills but still prefers to let others take the lead.

Use the above criteria to self and peer assess during PE lessons. Identify what steps you can take to achieve the next level.