

Subject: Spring 1 Year 7 Topic: The skeletal system

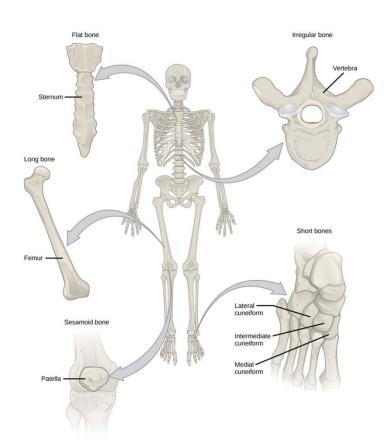




		Function on the skeleton (1)	
	Function	Example	
1	Protection	The cranium and ribs protect the brain and vital organs in the chest.	
2	Shape	Gives shape to the body and makes you tall or short.	
3	Support	Holds your vital organs in place when playing sport. The vertebral column holds the body upright.	
4	Movement	ement Muscles are attached to bones, which are jointed. When the muscles contract the bones move.	
5	Blood production	(p	

Types of Bone (2)					
	Туре	Example	Function in Sport		
1	Long	Femur	Movement - to generate speed and strength		
2	Short	Carpals	Shock absorption - to spread the load		
3	Flat	Sternum	Protection of vital organs and the attachment of muscles		
4	Irregular	Vertebrae	To provide shape and protection		

Types of Bone (2)



ASSESSMENT

For your end of unit (half term) assessment, you will be required to complete the following task:

Multiply choice test on the skeletal system.



