



**Subject: Child Development and Care**  
**Topic: Growth and development**



- Milestones
- Holistic
- Growth
- Development
- Percentile
- Physical
- Intellectual
- Language
- Emotional
- Social
- Gross motor skills
- Fine manipulative skills

**Summary of key information:**

**Growth is an increase in quantity – height, weight, size**

**Development is an increase in abilities and skills**

**As children develop, they are expected to meet certain milestones which are the average set of expectations for a child's development. These milestones are set to make sure children are developing as they should be.**

**It is important to look at children's holistic development – this means their physical, intellectual, language, emotional and social development as a whole and how different areas of development link together and affect one another.**

**An example of an exam question related to this topic is:  
Name the chart used to measure children's height and weight.**

**Homework this half term- make sure all assessment tasks are completed to meet the deadlines you are given.**

**The work in this topic forms part of your written coursework and will also be tested in an exam toward the end of the course.**

**For your knowledge quiz you should be able to answer the following questions:**

- **Why do children need routines?**
- **What is an example of a basic care need?**
- **What is holistic development?**

**Tasks you could complete to help you revise this topic:**

- **Read handouts**
- **Refer to PowerPoint presentations posted on Google Classroom**
- **Research using text-books and the internet**
- **Complete written assessment tasks.**



**Head over to..... to find a range of revision resources and activities to help you understand**

