

# Fortnightly Newsletter for Students & Families



**"Achievement is outstanding because every student matters" Ofsted 2013**

Dear Parents and Carers

As we approach our final few days of term (we close on Thursday 18th July with a staggered departure - please see the table included here), it has been another fabulous week of learning, events and awards at Victory.



This week I loved attending the opening Private View of the OAT East Art Exhibition - some outstanding work and in such a beautiful location. Our thanks to Norwich School for supporting us in using such a wonderful gallery space at The Crypt - please pop along this Saturday 10-3 (12th July) if you are in the city and you would like to see it. We have

also had a wonderful prom for our departing Year 11 students at Dunston Hall last Friday - thank you to everyone who came along to see them arrive in style.

Yesterday, we managed to (just) escape the rain for a super Victory Sports Day with all Year Groups competing - the overall winners were Enterprise College! There have been so many wonderful opportunities for our students - and they keep coming next week too! We loved the summer concert - some truly memorable performances were loved by all. We also celebrated the art work from Year 11 and 13 with a stunning exhibition and an instrumental concert in the hall too! In 11 years, I have become accustomed to the high quality outcomes produced by our students across all disciplines of the Arts, but this was our very first concert of this nature. I am so proud of the work they have put in to be able to perform to that standard - and I can't wait for the next one. Thank you to Mr Shelbourn for his excellent work and for the families who have supported their children in learning a new skill.

Last Friday, we welcomed students from Taverham High and Broadland High to our first Victory Challenge Conference. We were lucky to welcome 4 excellent speakers who used the theme of leadership to explore the life of Nelson; linguistics; Nazi Germany and the future of conservation - a very diverse mix! We have also welcomed our new 300 Year 6 students for 3 days of transition to high school - we hope they all enjoyed meeting us - and we must thank our lovely team of ambassadors who worked so hard to ensure the days ran smoothly.

Cont...

Year 12 have enjoyed some excellent work experience placements this week, and next week Year 10 head out to their placements - we wish them well and hope that wherever they are working, the experience helps to shape their future in some way.

Next week is also exciting for everyone as it includes the premiere of Six at The Maddermarket on Tuesday and Wednesday - we are thrilled for the girls and can't wait to see this great production again. Tuesday is Key Stage 3 rewards day - more information will follow from Mr Cole. We will also be welcoming the National Youth Orchestra of England to Victory on Wednesday - we are one of a handful of schools to be chosen and we cannot wait!

Please note that Year 11 Results Day is Thursday 22nd August and Year 13 Results Day is Thursday 15th August - individual letters with further details have been sent separately.

A polite reminder that all students MUST arrive with the correct equipment for each day - this, as a minimum, includes 2 pens, 2 pencils, a ruler, rubber, sharpener and the correct calculator as advised by the mathematics department. We are unfortunately lending a great deal of equipment which is needed by pupils for the day - we would really appreciate this equipment readiness being sorted over the summer break.

I wish you all a wonderful summer holiday - I really hope the weather is wonderful and you all enjoy some much needed rest and fun with family and friends. Enjoy the football match this weekend and we will see you all back on Wednesday 4th September, following our 2 staff training days. A separate letter will be sent from Mr Bunting regarding the training sessions for Sixth Form and the official registration and induction days.

Thank you for your support through another academic year - I look forward to serving you in September in my 12th year as Principal at Victory. Come on England!

Naomi Palmer, Principal



/OrmistonVictoryAcademy



@VictoryAcad



OrmistonVictoryAcademy

### Thursday 18th July 2024 - Last Day of Term

Time	Action
8:30	Registration
9:00	Lesson 1 & 2 as normal
11:00	Break (Lunch collection)
11:30	Period 3
12:30	Form time
1:00	Staggered dismissal from this time
1:20	Easton Bus





## Student News @ Victory



Well done to our amazing Year 13 Art student Moss who came second in the Norfolk Art and Design Competition. They were short listed from 200 entries. Their work is such a mature commentary on politics with a German Expressionist vibe! We are so proud.

Our amazing Year 10 PA students were teachers for the day as part of our cross phase project with Costessey Primary.



Well done to these wonderful Year 7 English award winners!





## Challenge Conference @ Victory

We were thrilled to welcome students from Broadland and Taverham High to our inaugural Challenge Conference. Students enjoyed a magnificent keynote from Nelsonspirit, along with inspiring speeches from Abigail Dean from Norwich School, Nick Acheson from Norfolk Wildlife Trust and our very own Mr Bunting!







## Year 7 Fantastic Fist Bump Winners @ Victory

Congratulations to these Year 7 'Fantastic Fist Bump' reward winners.  
Well done Divine, Scarlett, Ellenor and Tobia!







## Year 8 Team Red Rewards Winners @ Victory

Congratulations to these Year 8 'High Flying Team Red' reward winners:  
Aston, for continued awesome efforts in all subjects; Samuel, for improving his behaviour and making more positive choices; Harry, for great effort in Maths; and Keisha, for positive attitude to learning all week!



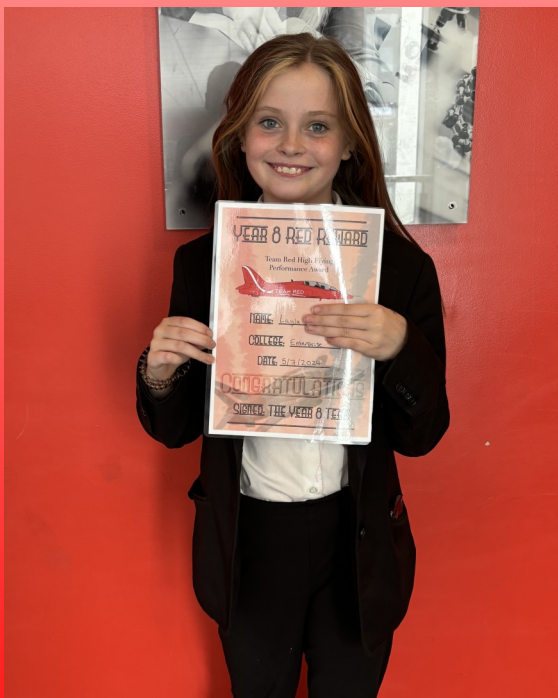




## Year 8 Team Red Rewards Winners @ Victory

Congratulations to these Year 8 'High Flying Team Red' reward winners:  
Harvey, for his engagement in extra curricular and perfect performance in the summer concert;  
Jakub, for his outstanding score in his recent PE knowledge test - 20/20!

Milena, for being a good all round student with a positive attitude;  
and Layla, for an improvement in attitude to learning and good engagement.







## Year 10 Pink Tie Positivity @ Victory

Congratulations to these Year 10 Pink Tie Positivity winners:  
Emil, for a massive improvement in the last few months; Petru, for having a brilliant attitude to learning; Erica, for being more settled and focused during lessons;  
Demi, for her happy and smiley disposition around school;  
and Benas, for an impressive Visa total and positive behaviour!







## Enrichment @ Victory

Year 9 Sports Captains did an amazing job helping at Costessey Primary Sports Day! Getting into the Superhero theme as well! They were awesome!



Well done to our amazing KS3 Stars of the Month for PE! Keep up the hard work and we hope you enjoy your prizes.







## Enrichment @ Victory

It's been a busy summer at team Victory Facade and last week we said goodbye to our leavers. Thank you to this fabulous cast of young people for two great summer concerts!



A huge thank you to Kayleigh Poacher for interviewing our SIX Queens on BBC Radio Norfolk last week. We are beyond excited to see these incredible performers at the Maddermarket Theatre next week!







## Enrichment @ Victory

Wow, what an incredible Art and Photography exhibition! We are so proud of our hard working students and teachers. So much creative talent!



Thank you to our wonderful Year 11 Team and everyone who made this year's Prom so magical!







## Enrichment @ Victory

Well done to our Year 7 rounders team who played in the tournament at TSA. Congratulations to our POTMs: Jacinth and Lola, and thank you to our Captain, Ava!



Well done to the Year 7 and 8s who played their last football match and came second overall! Great effort, girls!



Our Lord Nelson Sixth Form students really enjoyed the nursing and midwifery day at NNUH as part of the Norfolk Higher Aspirations Scheme!  
A great experience for all.





## Enrichment @ Victory

A big well done to the Year 8 girls who played in the rounders tournament at Thorpe, and especially to the POM!



What an experience! Court No1. at Wimbledon - such an amazing day!





## Sports Day @ Victory

Congratulations to all of the awesome Year 7 students who took part!







## Sports Day @ Victory

Congratulations to all of the awesome Year 8 students who took part!







## Sports Day @ Victory

Congratulations to all of the awesome Year 9 and 10 students who took part!







## Sports Day @ Victory

Congratulations to our Tug of War and relay race winners!









## Enrichment @ Victory

### MONDAY

CLUB		STAFF	VENUE	TIME
Badminton		LBU	Sports Hall	8:00-8:20
SCALE Club Week 1		AWI	Teach 10	11:00-11:20
Yr 7&8 Chess Club		OJA	Jub 8	12:25-12:55
Rounders		KZE	Field	3:00-4:00
Snack & Study Club		JCE	Library	3:00-3:30
KS3 Musical Theatre Dance Club (Aladdin)		KMC/CSM	Drama 2	3:00-4:30
Athletics		KWE	Field	3:00-4:00
Eco Club		LTU/MSH	DT2	3:00-3:45
Boys Dance		CSM	Drama 2	4.30-5.30



### TUESDAY

CLUB		STAFF	VENUE	TIME
Dodgeball		ECH	Sports Hall	8:00-8:20
Cricket Club		ECH	Field	3:00-4:00
Gardening Club		MSM	Allotment	3:00-4:00
Yr7-10 Maths H/W Club		NTA	Jub 7	3:00-4:00
Homework Club		JCE	Library	3:00-3:30
Illustration & Bookbinding Club		ISH	Art 2	3:00-4:00
Warhammer Club		TKI	Jubilee 2	3:00-4:00
Maths Homework Club		NTA	Jubilee 7	3:00-4:00
Ballet		ECK/ZBR	Drama 2	3:00-4:00
Lyrical Competition Team (Invite)		ECK	Main Hall	4:00-5:00
















## Enrichment @ Victory

### WEDNESDAY

CLUB		STAFF	VENUE	TIME
Indoor Cricket		ATY	Sports Hall	8:00-8:20
KS4-KS5 Pride Club Week 2		AWI	Drama Studio	Lunch B
Rounders Club		LBU/MDU	Field	3:00-4:00
Cricket Club (ONLY 15/05 & 22/05)		ATY	Field	3:00-4:00
Art Club		FRI/MPA	Art 1	3:00-4:00
Homework Club		JCE	Library	3:00-3:30
Greenpower Kit Car		DGR	DT1	3:00-4:00
Scrabble Week 2 KS3		AGL	Plat 1	Lunch A
Dungeons & Dragons		AFA	Teach 2	3:00-4:00
Coding Club		RAR	ICT 2	3:00-4:00



### THURSDAY

CLUB		STAFF	VENUE	TIME
Dodgeball		KZE	Sports Hall	8:00-8:20
Yr7&8 Business Club		MPR	Meeting Room	12.25-12.55 (Lunch A)
Fashion Club		ACH	Plat Art 3	3:00-4:00
PL Kicks Football		NCFC	Field	3:00-4:00
Tennis		KPA	Tennis Courts	3:00-4:00
Snack & Study Club		JCE	Library	3:00-3:30
History Club		DTH	Teach 4	3:00-4:00
KS4 Photography Club		FRI	Art 1	3:00-4:00
HipHop (Invite only)		ZBR	Main Hall	4:15-5:30
Commercial (Invite only)		ECK/MWA	Main Hall	3:00-4:15
Duke Of Edinburgh Award Meeting		MFO	Sci 6	3:00-4:00
Maths Games Club		ECO	SEN3	12.25-12.55 (Lunch A)
SEN Boxing		DCO	External	13:30-3:30
Year 12 'Learn to Cook' Club		DJE	Plat Catering	3:00-4:00
Drama Club		LDG	Drama	3:00-4:00
UKMT Maths Club		Mr King	Jubil	3:00-4:00







## Enrichment @ Victory

### FRIDAY

CLUB	STAFF	VENUE	TIME
Badminton 	MDU	Multi-gym	8:00-8:20
MFL Spelling Bee 	EBA	Plat 8	Lunch A
KS3 Pride Club Week 1 	AWI	Drama Studio	Lunch A
Snack and Study Club	JCE	Library	3:00-3:30
Yr11/Sixth Form Multi-Sports 	RTI	Sports Hall	3:00-4:00
Cheer Competition Team (Invite Only provisional)	ZBR	Main Hall	3:00-4:30
Junior/Senior Dance Group (Year 7-11 open)	ECK/MWA	Drama 2	3.00-4.00
Open Cheer (Year 7-13 open)	ZBR	Main Hall	4:00-5.30pm
Dungeons & Dragons (Week 1)	RAR	ICT 2	Lunch A
Senior Dance Group (Year 9-11)	MWA	Drama Studio	3.00-4.00



### FRIDAY - YEAR 11/6TH FORM

CLUB	STAFF	VENUE	TIME
Year 11 Study Session 	JCY	VIP	3:00-4:00
Recreational Sports 	RTO	Sports Hall	3:00-4:00
Multi-Gym 	OWI	Dance Studio	3:00-4:00
Card & Board Games	ACR	VIP	3:00-4:00
Dance 	MWA	Drama 2	3:00-4:00
Running 	RCO	Sports Hall	3:00-4:00
Beauty	TWO	Beauty 1	3:00-4:00
Photography	FCA	Photo Room Plat	3:00-4:00
Pool in 6th Form	DBA/PHA	Traf Common Room	3:00-4:00





# OAT EAST ART EXHIBITION

**9TH-13TH  
JULY  
2024**

**THE CRYPT GALLERY,  
NORWICH SCHOOL, THE CLOSE,  
NR1 4DD**

**Private View Tuesday 9th July  
6.30pm-8pm**

**Open Wednesday - Friday  
10am-2pm**

**Saturday 10am- 3pm**

**Celebrating the amazing work of students from Ormiston Victory Academy, City of Norwich School and Ormiston Venture Academy**



ormiston  
**venture academy**

  
Ormiston **Victory Academy**



City of Norwich School  
An Ormiston Academy





Victory Facade  
Presents



# SIX

TEEN EDITION

SIX: TEEN EDITION  
By Toby Marlow and Lucy Moss

Originally Produced in the West End by Kenny Wax, Wendy & Andy Barnes and George Stiles  
Originally Produced on Broadway by Kenny Wax, Wendy & Andy Barnes, George Stiles  
and Kevin McCollum in association with Chicago Shakespeare Theater

**16TH - 17TH JULY 2024**

**6pm | 8.30pm**

**£10** (Booking fee applies)

Online: [maddermarket.co.uk/event/six-teen-edition](https://maddermarket.co.uk/event/six-teen-edition)  
Enquiries: 01603 620917

THE MADDERMARKE THEATRE  
St JOHN'S ALLEY  
NORWICH  
NR2 1DR

This amateur production of SIX: TEEN EDITION is presented by special arrangement with Concord Theatricals.  
[www.concordtheatricals.co.uk](http://www.concordtheatricals.co.uk)



# Summer water safety

Accidents are mostly preventable with the correct knowledge and judgment and here are our tips to staying safe in the water during the summer:

To enjoy the water safely and make the right call...

- **Enter slowly and carefully**

Think carefully about your ability to splash or swim in cold outdoor water. 49% of those who lost their life were classified as swimmers\*. Are you really a good swimmer?

- **Stay within reach**

Don't go too far and stay within a standing depth.

- **Always be supervised**

Over 70% of fatal accidents occur in the absence of professional supervision. Seek life guarded areas and always make sure some one is available to raise the alarm.

Summer is an amazing time to enjoy our beautiful waterways but we must be mindful that warmer weather is directly linked to an increase in fatal drowning incidents.

Rivers and Lakes/Lochs pose the greatest statistical risk as there are often hazards that the average person is equipped to handle and there is a lack of professional supervision.

In an emergency...

- **Call 999**

Ask for the Fire and Rescue Service when inland and the Coastguard if at the coast. Don't enter the water to rescue.

- **If you're in trouble FLOAT and call for help**

Fall in or become tired – stay calm, float on your back and call for help. Throw something that floats to somebody that has fallen in.



STOP AND THINK



STAY TOGETHER



CALL 999



FLOAT





# **Summer Guide**

# **2024**

**Throughout this guide you will find a mixture of free and paid for activities for you and your family. Our hope is that this guide will be useful for you to create memories and have a fun filled summer!**

### **Feedback :**

**We would welcome any feedback on the guide as this helps us when planning future guides, please email any feedback to -**  
**[Jessie.quinton@norfolk.gov.uk](mailto:Jessie.quinton@norfolk.gov.uk)**  
**or**  
**[Virtual.schools@norfolk.gov.uk](mailto:Virtual.schools@norfolk.gov.uk)**



Norfolk Virtual School for  
Children in Care and  
Previously in Care



**Norfolk**  
County Council



## **0 - 5 Years Old :**

### **The Bug Parc Lenwade**

- Events happening throughout July.

Under 4's Free, 4 - 17 Years £9.95, Adults £11.95. Handling sessions £2

Children's play area, Handling sessions, Café.

For more information please visit the website link below.

### **The Bug Parc**

### **Hugo's Norfolk - Children's Play Centre Wymondham**

1.5 hour sessions bookable online, children up to 6 years old.

Birth to 12 months £5, 13 months - 18 months £6, 19 months - 6 years

£7. Adults £2.50 max of 2 adults per booking.

For more information please visit the website link below.

**Your Visit A Hugo's | Our Play Sessions ([hugosnorfolk.co.uk](http://hugosnorfolk.co.uk))**

### **Wroxham Barns - Junior Farm and Fun Park**

Summer of fun 20th July - 3rd September, Under 2's free, 2 years and older £16 if booked online.

Meet the animals, Indoor soft play, outdoor rides, daily foam parties, maize maze.

For more information please visit the website link below.

**Summer of Fun ([wroxhambarns.co.uk](http://wroxhambarns.co.uk))**

### **Family Festival Norwich Theatre Royal**

Imagination Walk ages 2 - 5 years old, £3 per child -

**Imagination Walk (2-5) | Norwich Theatre**

Puppet Making - Free drop in session -

**Puppet Making (Drop-in) | Norwich Theatre**

The paper Allotment - Free drop in session -

**The Paper Allotment (Drop-in) ([norwichtheatre.org](http://norwichtheatre.org))**

Sensory Story Space - Free drop in session -

**Sensory Story Space (Drop-in) ([norwichtheatre.org](http://norwichtheatre.org))**



Norfolk Virtual School for  
Children in Care and  
Previously in Care



**Norfolk**  
County Council



## **5 - 8 Years Olds :**

### **Summer of play at Blickling Estate -**

**20th July to the 5th September.**

**Free entry- Test out your badminton and tennis skills before a game of giant Jenga. Or dress up and perform for your family and friends on our garden stage or play traditional lawn games.**

**For more information please visit the website link below.**

**Summer of Play at Blickling Estate | National Trust**

### **Hootz House Pensthorpe -**

**Indoor play area.**

**Under 3s section alongside the main area. General admission ticket to pensthorpe will gain you entry into Hootz House.**

**There is lots to do at Pensthorpe, for more information please visit the website link below.**

**Hootz House - Pensthorpe**

### **Hirstys Family Fun Park**

**Action-packed day out for the entire family, offers a world of entertainment for your children.**

**Up to 1 years old - Free, Children 1 - 2 years old £7, 3 - 16 years old £12.95, Adults £10.**

**Saturday 20th July - Monday 2nd September.**

**Summer Mega Maze | Hirsty's Family Fun Park**

**(hirstysfamilyfunpark.co.uk)**

### **ROARR Dinosaur Adventure Park**

**Late night opening at ROARR - Saturday 3rd August 6:00pm - 10:00pm.**

**Come and join the twilight adventure as we roam the 'Park in the Dark'**

**Late Night Opening at ROARR! - ROARR!**

**Dinos in the Dark - Saturday 24th August 6:00pm - 10:00pm.**

**discover some wild nightlife at ROARR! - £10.95 per person**

**Dinos In The Dark - ROARR!**



Norfolk Virtual School for  
Children in Care and  
Previously in Care



**Norfolk**  
County Council



## **8 - 12 Years Old :**

### **Challenge Woods Norwich -**

4- to 17-year-olds £3, 0-3 year olds free, accompanying adults £2, wheelchair users free. SEN friendly.

The Challenge Woods has been designed to accommodate children ages 4+, Designed for under 12's.

For more information visit the website link below.

### **Challenge Woods | Outdoor play area in Norwich | The Nest**

### **High lodge Thetford Forest - Outdoor adventure playground**

Quiet zones or sensory features, exploration zones (using natural materials like pinecones, sticks or water) or double width slides, basket or specially adapted swings and multi-level structures so those with a disability can play alongside others. From adventure play zones to natural equipment.

Free entry to the adventure playgrounds - Just pay for parking.

For ore information visit the website link below.

### **Play areas | Forestry England**

### **Family Festival Norwich Theatre Royal-**

Sensory stories for SEND - £3 per child, adults free.

For more information visit the website link below.

### **Sensory Stories for SEND (7-11) | Norwich Theatre**

### **Hilltop Outdoor Centre -**

Give school holiday boredom the boot with an action-packed Family Adventure Day at Hilltop Outdoor Centre. Activities onsite include: The Big Zipper, Super Swing, Climbing Wall, Archery, Tree Top Trail & our new favourite activity The AIR JUMP....A thrilling, exciting and unique addition to the adventure activities at Hilltop.

Dates throughout July and August, For young people aged 8+ For more information visit the website link below.

### **Hilltop Adventure Days ([hilltopoutdoorcentre.co.uk](http://hilltopoutdoorcentre.co.uk))**



Norfolk Virtual School for  
Children in Care and  
Previously in Care



**Norfolk**  
County Council





**12 - 16 Years Old :**



**Family Festival Norwich Theatre Royal-**

**Street Dance Workshop - £3 per child, 1 hour session for 11 to 16 year olds .**

**For more information visit the website link below**

**Street Dance Workshop (11-16) | Norwich Theatre**

**Summer Youth Bus**

**Summer activities for young people this summer - Youth bus stopping at multiple locations throughout Norfolk.**

**Check the website link to download the full timetable of what they are offering this summer and for more information.**

**Summer Activities for Young People in Norfolk | MAP Norfolk**

**Army style assault course - Extreeme Adventure Kings Lynn**

**£20 per person with discount offered if you combine this with other activities available.**

**Must be booked beforehand.**

**Visit the website link below for more information.**

**exTREEme adventure Army Style Assault Course**

**NATIONWIDE SPLATMASTER THETFORD**

**Splatmaster Thetford Low-Velocity Paintballing, safety friendly, low impact version of paintball. No children under the age of 8.**

**For more information visit the website link below.**

**Splatmaster in Thetford - Nationwide Paintball**



**Norfolk Virtual School for  
Children in Care and  
Previously in Care**



**Norfolk**  
County Council







**Fun for the whole family :**

**Sprowston Summer Fete -**

**Saturday 13th July 13:00pm - 17:00pm**

**Sprowston Town Council is proud to present our 2024 Summer Fete. Free admission. Lots of free entertainment, including the Foolhardy Circus, inflatables, live music, costumed performers and . Funfair rides.**

**FREE ENTRY!**

**Somerleyton Primary School - Summer Fete**

**The Village Green, Somerleyton Saturday July 6th**

**12:00PM - 5:00PM**

**BBQ, Live music, Traditional games, Crafts.**

**FREE ENTRY!**

**Community Fun Weekend**

**Waterloo Park Norwich - Saturday 20th July and Sunday 21st July  
from 10:00am - 4:00pm.**

**Inflatables, face painting, refreshments, sports day games, dog show, prizes...and much more!**

**FREE ENTRY!**

**Newton Flotman Summer Fete**

**Newton Flotman Village Centre -Sunday 25th August**

**From 12:00pm.**

**dog show, bouncy castles, walk the alpacas, archery, entertainment, market stalls, yummy food, raffles...and much much more!!**

**FREE ENTRY!**



Norfolk Virtual School for  
Children in Care and  
Previously in Care



**Norfolk**  
County Council



# Getting Active and Outside Over the Summer – Just One Norfolk

Keeping older children active can be a challenge. They need at least 60 minutes of activity a day. This doesn't have to happen all in one go, it can be broken up into chunks to fit in with life and routines.

It is important that three times a week children and young people are taking part in activities that gets their heart beating faster and make them a bit out of breath. This is called aerobic exercise and is vital for healthy hearts, lungs, and to build fitness levels. An hour can feel like a lot if you have not always been an active family. Bit by bit, you can work towards it until it becomes a fun part of your every day life. As you find activities you all enjoy, it will feel good and become a fun part of your every day life.

## Activity Ideas

- ◇ **Activities at Home**
- ◇ **Get Walking**
- ◇ **Geocaching**
- ◇ **Junior Park Run**
- ◇ **National Citizen Service**
- ◇ **Clubs and Group Activities**

Click here for more information:

[Activity for Older Children \(justonenorfolk.nhs.uk\)](https://justonenorfolk.nhs.uk)

## Common Apps for Children and their Age Rating



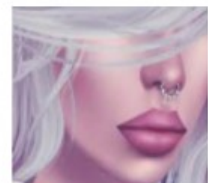
13+  
Instagram



13+  
TikTok



12+  
Threads



17+  
IMVU



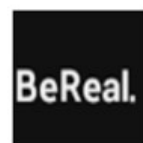
13+  
X/ Twitter



18+  
Holla



16+  
WhatsApp



13+  
BeReal



13+  
Snapchat



17+  
Ome TV



18+  
Joingy



13+  
Chat GPT





## Safeguarding @ Victory

### Recommended steps if your child has been a victim of sextortion or online blackmail from the IWF

Sextortion happens when an individual manipulates, coerces, or threatens a person into providing sexually explicit images or videos, and then uses these materials to extort or exploit them further.

1. Do not blame your child. Your child is not to blame. The criminals behind the blackmail are at fault and use very sophisticated means to trick and convince young people.
2. Don't pay or engage further with the person asking for money.
3. Don't delete the images, videos or messages if you still have them. They could be useful for the police, and we may be able to stop them being spread further online - see [Report Remove](#).
4. Contact the police. You can make a report online [here](#). It's important that law enforcement is aware of what's happening.
5. Support your child without blaming them. Engaging in a peaceful and honest conversation is a helpful approach for you and your child to understand what's happening in a supportive manner. Although these kinds of discussions can be overwhelming, it's important to let your child know that you're asking questions because you care about their well-being and want to help. Reassure your child that your intention is not to punish them – sometimes children hesitate to share their concerns because they worry their internet access or device will be taken away. You can get support, advice and help for yourself from the [NSPCC](#) on 0808 800 5000 or advice from the police [here](#).
6. If your child still has copies of the images, videos, or links to the website the images are on, they can report them to the IWF using [Report Remove](#). This is an online tool provided by the IWF and Childline/NSPCC which allows young people to report an image or video shared online, to see if it's possible to get it taken down. The young person is kept informed at every stage of their report and provided with further support if needed. The child must upload their images themselves but will be supported by a Childline counsellor. They will help your child to deal with the situation. Your child is also welcome to speak to a counsellor about how they feel, whether online via 1-2-1 chat and Childline email, or via the free confidential helpline on 0800 1111.
7. We recommend stopping all communication with anyone who is potentially blackmailing, threatening or sexually extorting your child. If they have been communicating on an app, there should be in-built tools to block and report the user. [Report Harmful Content](#) offers helpful advice.
8. You can help by speaking with the designated safeguarding lead at your child's school – if your child agrees. Schools can keep an eye on the situation and help stop images or videos from being shared. They can also support any other children who've been affected or have a counselling service children can self-refer to.





# Safeguarding @ Victory

## Mental Health Support for Children

### Anna Freud

[annafreud.org/parents](https://annafreud.org/parents)

Information for parents and carers about supporting a child or young person's mental health and wellbeing. Includes a directory of free mental health services in local areas.

### Anxiety UK

[03444 775 774](tel:03444775774)

[07537 416 905](tel:07537416905) (textline)

[anxietyuk.org.uk/get-help/helping-your-child](https://anxietyuk.org.uk/get-help/helping-your-child)

Advice, support and information for people who experience anxiety. Includes specific information for people supporting children and young people with anxiety.

### Barnardo's

[barnardos.org.uk](https://barnardos.org.uk)

Practical information and emotional support for children, young people and families. Includes specific information on mental health problems.

### Beat

[0808 801 0677](tel:08088010677) (England)

[0808 801 0433](tel:08088010433) (Wales)

[beateatingdisorders.co.uk](https://beateatingdisorders.co.uk)

Helpline, webchat and online support groups for people with eating problems, as well as family and friends. Includes specific information and support for carers.

### Cruse Bereavement Support

[0808 808 1677](tel:08088081677)

[cruse.org.uk/get-support/supporting-children-and-young-people](https://cruse.org.uk/get-support/supporting-children-and-young-people)

Supports people experiencing grief. Includes specific information for adults helping a child or young person who has lost someone.

### Kidscape

[020 7823 5430](tel:02078235430)

[07496 682785](tel:07496682785) (WhatsApp textline)

[parentsupport@kidscape.org.uk](mailto:parentsupport@kidscape.org.uk)

[kidscape.org.uk](https://kidscape.org.uk)

Advice about bullying for young people, their parents, carers, and adults working with children. Provides a parent advice line, textline and email support for adults concerned about a child.



# Safeguarding @ Victory

## Mental Health Support for Children

### **Kooth**

<https://www.kooth.com/>

Kooth is an online platform to help young people with their mental health and wellbeing.

### **MAP**

0800 0744454

You can access mental health advice, support and counselling at MAP that's free, confidential and carried out by trained professionals.

### **Mermaids UK**

0808 801 0400

[mermaidsuk.org.uk/parents](http://mermaidsuk.org.uk/parents)

Support for transgender, nonbinary and gender-diverse people up to 18, as well as families and professionals. Runs events, local groups, online courses and a webchat.

### **National Society for the Prevention of Cruelty to Children (NSPCC)**

0800 800 5000

[nspcc.org.uk](http://nspcc.org.uk)

Information and support for children who have experienced abuse. Provides a helpline for adults concerned about a child, plus local services to help young people and families overcome abuse.

### **No Panic**

0300 772 9844

[nopanic.org.uk/advice-for-parents](http://nopanic.org.uk/advice-for-parents)

Support for people experiencing panic attacks and obsessive-compulsive disorder (OCD). Provides information and an advice line for parents and carers of young people.

### **Papyrus HOPELINEUK**

0800 068 41 41

07860 039967 (textline)

[pat@papyrus-uk.org](mailto:pat@papyrus-uk.org)

[papyrus-uk.org](http://papyrus-uk.org)

Support and advice for people under 35 experiencing suicidal thoughts or finding it hard to cope. Provides support to anyone concerned about a young person.





# Safeguarding @ Victory

## Mental Health Support for Children

### The Proud Trust

[theprouddtrust.org/trusted-adults](https://theprouddtrust.org/trusted-adults)

Information, advice and a web chat for trusted adults supporting LGBT+ children and young people.

### Refuge

[0808 200 0247](tel:08082000247)

[refuge.org.uk](https://refuge.org.uk)

Help and support for women, children and young people who have experienced domestic abuse.

### Samaritans

[116 123](tel:116123)

[0808 164 0123](tel:08081640123) (Welsh Language Line)

[jo@samaritans.org](mailto:jo@samaritans.org)

[samaritans.org](https://samaritans.org)

Samaritans are open 24/7 for people to talk about any concerns, worries and troubles they're going through. You can visit some [Samaritans branches in person](#).

### Winston's Wish

[08088 020 021](tel:08088020021)

[ask@winstonswish.org](mailto:ask@winstonswish.org)

[winstonswish.org](https://winstonswish.org)

Practical information and emotional support for children and young people experiencing grief, their families and those that care for them. Also offers in-person support groups and drop-in sessions.

### YoungMinds

[0808 802 5544](tel:08088025544)

[youngminds.org.uk](https://youngminds.org.uk)

Mental health information and emotional support for young people, their parents and those who care for them. Offers a Parents Helpline, email service and webchat for support, signposting and advice.



# Tortoise Open Day

Hethersett Village Hall, Back Lane, Hethersett, Norwich, NR9 3JJ |



## Sunday 21<sup>st</sup> July

**10:00am to 4:00pm**

**Fun for all the Family! £2 entry  
Children & Members Free**

*Meet giant and baby tortoises - Information stands  
Tortoise health-checks and tortoise crèche - raffle, tombola  
and games - Food, tea and cake - Edible plants for sale  
Club shop with lighting, food, books, seeds, calcium and more  
**CASH event** (CARD payment available for large purchases only)*

## TORTOISE HEALTH CHECKS!

**BOOK A CHECK-UP EARLY TO AVOID DISAPPOINTMENT!**

*Tortoise Health checks £10 / Worming £7.50 / Microchipping £15 /  
Parasite postal screen kits £15. For member discounts please see booking form.  
Appointment slots available to save waiting times, as well as drop-in.*

*For more information or to book, visit **[www.tortoiseclub.org](http://www.tortoiseclub.org)***

***Raising funds for Norfolk Tortoise Club's tortoise welfare work***



# CHILDREN'S FUN DAY

at the Costessey Centre,  
Longwater Lane, NR8 5AH

**SATURDAY 3RD AUGUST  
10.30AM-15.30 PM**

**FREE  
ENTRY &  
PARKING**

- Rock climbing wall
- Experiments with Mad Science Norfolk
- Picnic in the park with Dinosaurs  
(Bring your own or visit our food vendors!)
- Local groups providing activities
- Fancy dress competitions, games & more
- Prizes to be won!

**A day full of free activities for children of all ages to enjoy!**

Follow us  
for  
updates:



**@Costesseytowncouncilofficial**



**@ CTC Activities & Events**

**Russen  
& Hill**

# **St-Eds 2024**

## **Summer Programme**

12th to 23th August 2024  
Monday to Friday 9.15 - 3.15pm  
Make new friends  
Meet the staff  
For young people ages 12-18

**£100 Tools  
& Materials  
Voucher**

**Free Amazon  
Tablet to  
take home**

New and old students welcome  
Siblings, Friends and Family  
welcome  
Engaging fun, practical  
activities including Catering,  
Carpentry, Arts and Craft, Brick  
Laying and more...

Limited spaces  
Book your place now  
Contact 01603 622035 or  
Email: [admin@st-eds.org.uk](mailto:admin@st-eds.org.uk)

**Breakfast,  
Lunch & Drinks  
Provided**

**Free Tablet\*, Voucher\*, PPE, Stationary Pack, Hygiene Pack,  
Breakfast, Lunch and Drinks**

\*Tablet awarded for attending at least 3 days, £100 Voucher for 7 or more days attendance



**Victory Facade  
Presents**



 **DREAMWORKS  
THEATRICALS**

# **SHREK**

## **The MUSICAL**

Based on the Dreamworks Animation Motion Picture and the book by William Steig

**Book and Lyrics by  
David Lindsay-Abaire**

**Music by  
Jeanine Tesori**

**Originally produced on Broadway by  
DreamWorks Theatricals and Neal Street Productions**

---

**4TH - 7TH DECEMBER 2024 7.30PM**  
**7TH DECEMBER 2024 2.30PM**  
**£12 ADULTS | £10 CONCESSIONS**

---

Ormiston Victory Academy, Middleton Crescent, New Costessey, Norwich, NR5 0PX

Online: [ormistonvictoryacademy.co.uk/booking](http://ormistonvictoryacademy.co.uk/booking)

Enquiries: 01603 734166

email: [boxoffice@ormistonvictoryacademy.co.uk](mailto:boxoffice@ormistonvictoryacademy.co.uk)

**This amateur production is presented by arrangement with Music Theatre International  
All authorised performance materials are also supplied by MTI [www.mtishows.co.uk](http://www.mtishows.co.uk)**

