

# WEEK ONE

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### MAIN #1



Spaghetti Bolognese with Garlic Bread & Salad

Chicken Katsu Curry with Noodles Served with a vegetable spring roll



Sausage & Mash with Onion Gravy & Seasonal Veg



Chicken Curry with Rice & Naan bread



Battered Fish or sausage served with Chips, Peas & Tartare Sauce

### MAIN #2



Quorn Spaghetti Bolognese with Garlic Bread & Salad

Quorn Katsu Stir Fry with Noodles Served with a vegetable spring roll



Veggie Sausage & Mash with Onion Gravy & Seasonal Veg



Vegetable Curry with Rice & Naan bread



Quorn Fish Fingers/ Veggie Sausage Chips & Peas



### HANDHELD

Cheese Burger  
Chicken Burger

Chicken Wrap  
Chicken  
Nuggets/Goujons

Chicken & Chips

Jumbo Hotdog  
Chicken Wings

Cheese & Tomato Bagel  
Ham & Cheese Bagel

### BOWLED OVER

Loaded Nachos

Herby Tomato Pasta



Macaroni Cheese



Loaded Wedges

Tomato Meatball Pasta

### MODERN BAKERY

Lemon Drizzle Sponge

Blondie with Berries

Apple & Cherry Oaty  
Crumble with Custard

Fruit Muffin

Chocolate & Banana  
Sponge

### SUPER SPUDS

DON'T FORGET ABOUT OUR BAKED POTATOES WITH A VARIETY OF TOPPING'S FOR YOU TO CHOOSE FROM!

### SOUP STATION

COME AND TRY OUR HOME-MADE SOUPS, AVAILABLE DAILY!  
**Staff only**

### MENU KEY



- IM VEGAN!



- ADDED PLANT POWER

### ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.

# WEEK TWO

## MONDAY


## TUESDAY

## WEDNESDAY


## THURSDAY

## FRIDAY


### MAIN #1

 Cottage Pie with Broccoli, Peas & Gravy

 Peri Peri Chicken with Spicy rice and Slaw

 Roast of the day, Roast Potatoes, Seasonal Vegetables & Gravy


 Chicken Curry served with Rice & Naan

 Battered Fish or sausage served with Chips, Peas & Tartare Sauce

### MAIN #2

Quorn cottage pie with Broccoli, Peas & Gravy 

 Roasted Chickpea and Bean Pitta with spicy rice and Slaw 

Roasted Vegetable parcels with Roast Potatoes, Seasonal Vegetables & Gravy 

 Vegetable Curry with Rice & Naan 

Quorn Fish Fingers/ Veggie Sausage Chips & Peas 

### HANDHELD

Chicken Kebabs  
Doner Kebabs

Cheese & Tomato Bagel  
Ham & Cheese Bagel

Chicken Wrap  
Chicken  
Nuggets/Goujons

Cheese & tomato Pizza  
Meat Pizza

Chicken curry slices  
Veggie curry slices

### BOWLED OVER

Herby Tomato Pasta 

Loaded potato skins

Sweet Chilli Noodles

Loaded Nachos

Cheese & Broccoli Pasta 

### MODERN BAKERY

Cinnamon Apple Turnover

Syrup Sponge

Crumble with Custard

Vanilla Sponge

Carrot Cake

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# WEEK THREE

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## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### MAIN #1

 Beef Lasagna served with Garlic bread & salad

 Beef Chilli with Rice or Nachos 

Chicken Pie with Mashed potato, Seasonal Veg & Gravy


 Chicken Curry with Rice & Naan bread

 Breaded Fish Fingers with Chips, Peas or Beans, & Tartare Sauce

### MAIN #2

Vegetable Pasta Bake served with Garlic bread & salad 

 Mexican Vegetable Chilli with Rice or Nachos 

Vegetarian Pie with Mashed Potato, Seasonal Veg & Gravy 

  Vegetable Curry with rice & Naan bread 

Quorn Fish Fingers/ Veggie Sausage Chips & Peas 

### HANDHELD

BBQ Chicken Wrap  
Quorn chicken Wrap

Pepperoni Stromboli  
Cheese & Tomato Stromboli

Cheese Burger  
Chicken Burger

Cheese & tomato Pizza  
Meat Pizza

Chicken Kebabs  
Doner Kebabs

### BOWLED OVER

Vegetable Chow Mein


Loaded Fries

Sausage & Chips

Flavoured Chicken Rice Bowl or Veggie Rice bowl

Tomato & Mascarpone Pasta

### MODERN BAKERY

Warm Banana Flapjack 

School Cake

Chocolate Shortbread Cake

Sticky Toffee Apple Crumble with Custard

Pancakes & Cherry Sauce

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