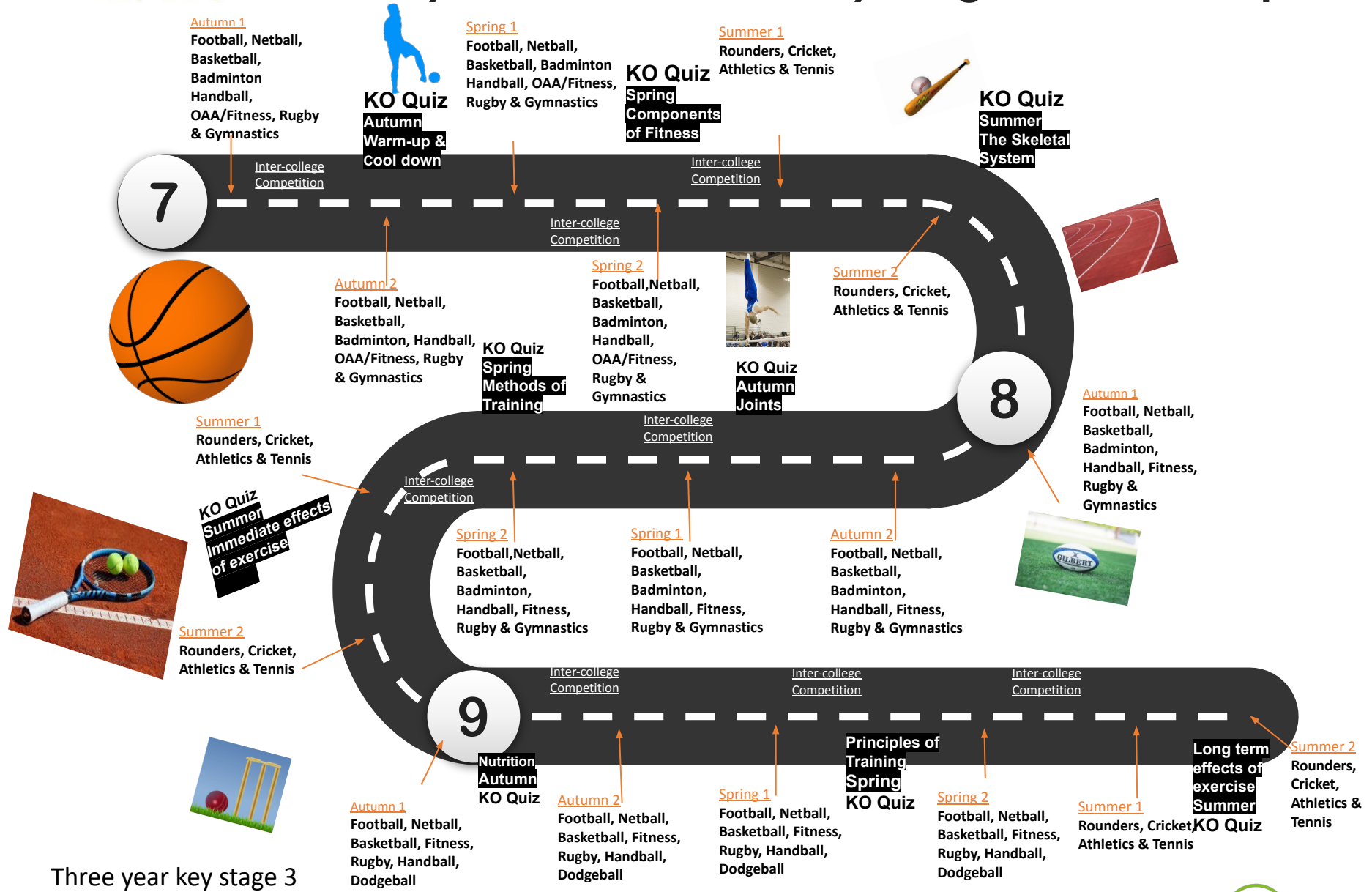


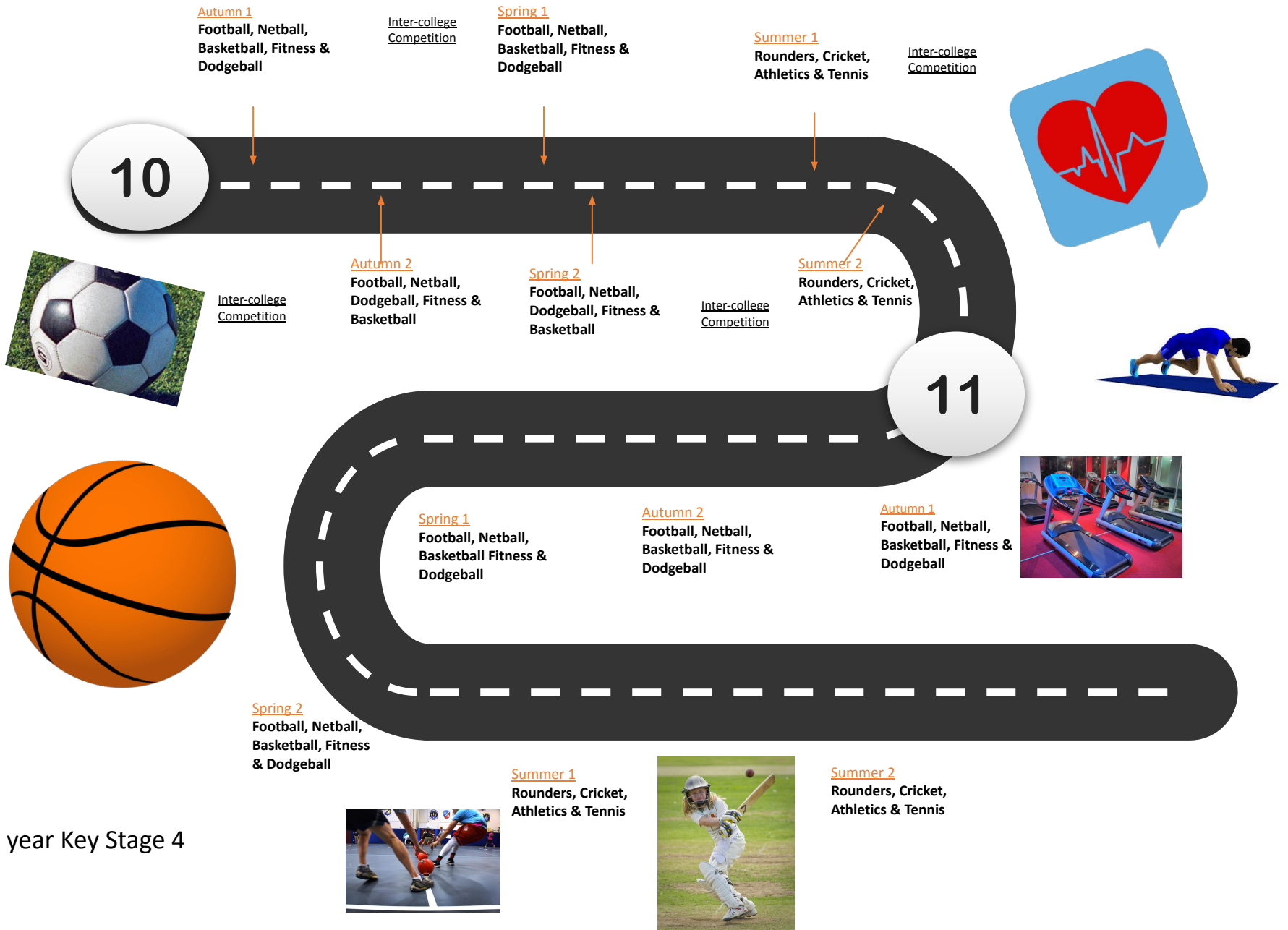
Core Physical Education Key Stage 3 Road Map



Three year key stage 3



Core Physical Education Key Stage 4 Road Map



Two year Key Stage 4



Level 2 Tech Award in Sport Key Stage 4 Road Map

Autumn 1 / 2 - Spring 1

Component 1

Preparing participants to take part in sport and physical activity. Written coursework and practical assessment

Autumn
KO Quiz



Spring
KO Quiz



Summer
KO Quiz

10

Barriers to Participation

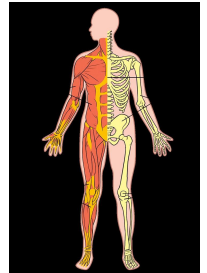
Clothing & Equipment in sport

Spring 2 - Summer 2

Component 2

Taking part and improving other peoples sporting performance. Written coursework and practical assessment

Musculoskeletal & cardiovascular system



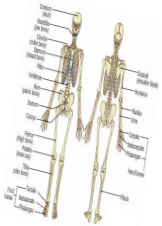
11



Autumn 1 / 2 - Spring 1

Component 2

Taking part and improving other peoples sporting performance.



Officials - Roles & Responsibilities

Principles of Training

Fitness Testing

Spring 1 / Summer 1

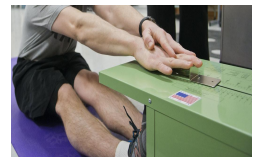
Component 3

Developing Fitness to improve other participants in sport and physical activity. External Exam

Autumn
KO Quiz

Spring
KO Quiz

Summer
KO Quiz



Level 3 Btec Sport Key Stage 5 Road Map

