

Week/Date	PSHE Topics Covered												
	Year 7	Year 8	Year 9	Year 10	Year 11	KS5							
Week beginning 2/9/24	What is PSHE? Identity	Equality session 1 Law and equality	British Values session 1 - Being British	Healthy Lifestyles session 1 mental health	Careers Unifrog Session 1							Health education	
Week beginning 9/9/24	Identity session 2	Equality session session 2 - Racism	British Values session 2 - Tolerance	Healthy Lifestyles session 2 social media									Careers and Finance education
Week beginning 16/9/24	Identity session 3	Equality session 3 - Gender	British Values session 3 - Law	Healthy Lifestyles session 3 how to help	Careers Unifrog Session 2							Citizenship Education	
Week beginning 23/9/24	Bullying session 1 - types of bullying	Equality session 4 - Sexuality	British Values session 4 - Legal system	Healthy Lifestyles session 4 grief									RSE
Week beginning 30/9/24	Bullying session 2 - Cyber bullying	Equality session session 5 - disability	British Values session 5 - Democracy	Healthy Lifestyles session 5 resilience	Careers Unifrog Session 3								
Week beginning 7/10/24	Bullying session 3 Online safety	Equality session session 6 - age	British Values session 6 - Liberty	Healthy Lifestyles session 6 physical health									
Week beginning 14/10/24	Bullying session 4 - what to do	Equality session 7 - Social Justice	British Values Session 7 Radicalisation	Healthy Lifestyles session 7 drugs	Careers Unifrog Session 4								
Week beginning 21/10/24	Evaluation, KO Quiz, Form tutor led lesson	Evaluation, KO Quiz, Form tutor led lesson	Evaluation, KO Quiz, Form tutor led lesson	Healthy Lifestyles session 8 first aid									
Week beginning 28/10/24 Half Term													
Week beginning 4/11/24	Careers - Session 1	Personal Finance session 1 - Money habits	Drugs Education session 1 The law	Healthy Lifestyles session 9 meningitis	Finance session 1								
Week beginning 11/11/24	Careers - Session 2	Personal Finance session 2 - Money habits	Drugs Education session 2 - Smoking	Healthy Lifestyles session 10 vaping									
Week beginning 18/11/24	Careers - Session 3	Personal Finance session 3 - Life stages and spending	Drugs Education session 3 - alcohol	Healthy Lifestyles session 11 cancer	Finance session 2								
Week beginning 25/11/24	Careers - Session 4	Personal Finance session 4 - Borrowing	Drugs Education session 4 - alcohol	Healthy Lifestyles session 12 donation									
Week beginning 2/12/24	First Aid session 1 - Blood loss	Personal Finance session 5 - Action plans and budgets	Drugs Education session 5 - Prescription drugs	Healthy Lifestyles Gambling session 13	Finance session 3								
Week beginning 9/12/24	First aid session 2 - Head injuries	Personal Finance session 6 - Saving	Drugs Education session 6	Healthy Lifestyles session 14 signposting									
Week beginning 16/12/24	First aid session 3 - choking	Evaluation, KO Quiz, Form tutor led lesson	Drugs Education session 7	Evaluation, KO Quiz, Form tutor led lesson	Exams and Health 1								
Week beginning 23/12/24 XMAS Holiday													
Week beginning 30/12/24 XMAS Holiday													
Week beginning 6/1/25	Human Rights session 1	Careers	Healthy Lifestyles/Ethics	Careers	Exams and Health session 1								
Week beginning 13/1/25	Human Rights session 2		Healthy Lifestyles/Ethics	Careers		Exams and Health session 2							
Week beginning 20/1/25	Human Rights session 3		Healthy Lifestyles/Ethics	Careers	RSE session 1								
Week beginning 27/1/25	Human Rights session 4		Healthy Lifestyles/Ethics	Careers									
Week beginning 3/2/25	Human Rights session 5		Healthy Lifestyles - Risk	Careers									
Week beginning 10/2/25	Human Rights session 6	Evaluation, KO Quiz, Form tutor led lesson	Healthy Lifestyles - Body image	Evaluation, KO Quiz, Form tutor led lesson	RSE session 2								
Week beginning 17/2/25 Half Term													
Week beginning 24/2/25	Healthy Lifestyles session 1 - Emotional wellbeing	Healthy Lifestyles session 1 - emotional wellbeing	Safeguarding session 1 -PREVENT	Personal Finance session 1 - wages	RSE session 2								
Week beginning 3/3/25	Healthy Lifestyles session 2 - Impact of social media	Healthy Lifestyles session 2 - Exercise and emotional wellbeing	Safeguarding session 2 - County Lines	Personal Finance session 2 - income	RSE session 3								
Week beginning 10/3/25	Healthy Lifestyles session 3 - Sleep	Healthy Lifestyles session 3 - Healthy Eating and obesity	Safeguarding session 3 -Knife Crime	Personal Finance session 3 - Bank accounts									
Week beginning 17/3/25	Healthy Lifestyles session 4 - Skin cancer	Healthy Lifestyles session 4 - Healthy Eating and obesity	Safeguarding session 4 - HBVT	Personal Finance session 4 - Savings	Revision skills session 1								
Week beginning 24/3/25	Healthy Lifestyles session 5 - Hygeine	Healthy Lifestyles session 5 - Eating disorders	Safeguarding session 5 - Sexting	Personal Finance session 5 - Borrowing									
Week beginning 31/3/25	Healthy Lifestyles session 6 - Services	Healthy Lifestyles session 6 - Legal drugs	Safeguarding session 6 - FGM	Personal Finance session 6 - Tax	Independent Revision								
Week beginning 7/4/25 Easter Hoiliday													
Week beginning 14/4/25 Easter Hoiliday													
Week beginning 21/4/25	The Law session 1 - evil and suffering	Media Literacy Session 1 - News	Careers	Identity and Diversity	Independent Revision								
Week beginning 28/4/2	The law session 2 - parliament and laws	Media Literacy Session 2 - Reliability		Identity and Diversity									
Week beginning 5/5/25	The law session 3 - aims of punishment	Media Literacy Session 3 - Verification		Identity and Diversity									
Week beginning 12/5/25	The law session 4 - court	Media Literacy session 4 Manipulation		Identity and Diversity									
Week beginning 19/5/25	The law session 5 - court	Media Literacy		Identity and Diversity									
Week beginning 26/5/25 Half Term													

