



Ormiston Victory Academy

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14th May 2025

Dear Parents and Carers,

As a part of your child's education at Ormiston Victory Academy, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

This year we continue to deliver the statutory curriculum for PSHE. A key area of study within this is Relationships and Sex Education (RSE) and your child will begin this unit of study next half term. We have carefully planned to deliver lessons that are linked to key priorities both nationally and locally. Therefore, your child will gain the information they need to make safe, informed and healthy decisions as they progress through adult life. This includes looking at the following content: families, respectful relationships including friendships, online and media, being safe and sexual relationships including sexual health. This content will be delivered at an age-appropriate level.

For more information, please visit the PSHE page on the school's website:

[OVA PSHE Website Page](#)

Furthermore, please find attached the breakdown per year group of RSE lessons for this academic year and a guide for parents.

All PSHE and RSE teaching will take place in a safe learning environment with your child's current PSHE teacher and is underpinned by our school ethos and values.

As a school community, we are committed to working in partnership with parents. If you would like to find out more, discuss any concerns or give feedback on the content intended to be delivered please email a.cordy@ormistonvictoryacademy.co.uk

Yours sincerely,

Alice Cordy

Head of Year 8 and Curriculum Leader of PSHE | Ormiston Victory Academy



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Understanding Relationships, Sex and Health Education at your child's secondary school: a guide for parents

We want all children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain. That is why, from September 2020, all secondary age children will be taught Relationships, Sex and Health Education.

These subjects are designed to equip your child with knowledge to make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life. The world for all young people looks very different from the way it did 20 years ago when this curriculum was last updated – these changes bring the content into the 21st century, so that it is relevant for your child.

Your child's school will have flexibility to deliver the content in a way that is age and developmentally appropriate and sensitive to the needs and religious background of its pupils.

Relationships and Sex Education

Relationships and Sex Education will build on the teaching at primary. It aims to give young people the information they need to help them develop healthy, nurturing relationships of all kinds.

Your child's school will cover content on what healthy and unhealthy relationships look like and what makes a good friend, colleague and successful marriage or committed relationship. At the appropriate time, the focus will move to developing intimate relationships, to equip your child with knowledge they need to make safe, informed and healthy choices as they progress through adult life.

By the end of secondary school, pupils will have been taught content on:

- families
- respectful relationships, including friendships
- online media
- being safe
- intimate and sexual relationships, including sexual health

You can find further details by searching 'relationships, sex and health education' on GOV.UK.

Right to withdraw your child

You cannot withdraw your child from Health Education or the Relationships Education element of Relationships and Sex Education, because it is important that all children receive this content, covering topics such as friendships and how to stay safe.

If you do not want your child to take part in some or all of the Sex Education lessons delivered at secondary, you can ask that they are withdrawn. Your child's head teacher will consider this request and discuss it with you, and will grant this in all but exceptional circumstances, up until three school terms before your child turns 16. At this age, your child can choose to receive Sex Education if they would like to, and the school should arrange for your child to receive this teaching in one of those three terms (unless there are exceptional circumstances).

If your child's school is planning to teach these subjects from September 2019, your right to withdraw your child from Sex Education will be governed by the current legislation and so is absolute for the 2019/20 academic year – your child cannot opt in, and the head teacher will not overrule this request. This will remain the case until September 2020, when the new subjects will become compulsory and the new right to withdraw provisions will apply.

The science curriculum in all maintained schools also includes content on human development, including reproduction, which there is no right to withdraw from.

YR 7	What is a relationship? What makes a good friend? Incl. online	What is a relationship? What makes a good friend? Incl. online	Different types of committed relationship	Puberty	Puberty
YR 8	Healthy relationships	Sending inappropriate images and the law	Puberty revisited	Legal age of consent	Sex myth busting and safe sex
YR 9	Healthy /unhealthy relationships incl. online	The law and sex - consent	Reproduction/ pregnancy options	Contraceptives incl. condom demo	Parenting incl. family diversity
YR 10	Domestic Violence/Coercion/Sexual harassment	Pornography - The facts	Fertility and pregnancy	Contraceptives and STIs	Self-examination